



SAN DIEGO PEOPLE FIRST

www.sandiegopeoplefirst.com

## **“SAN DIEGO PEOPLE FIRST – THEN, NOW AND FOREVER”**

**23<sup>RD</sup> ANNUAL SAN DIEGO PEOPLE FIRST SELF-ADVOCACY CONFERENCE**

**MISSION VALLEY MARRIOTT**

**MAY 11<sup>TH</sup> & 12<sup>TH</sup>, 2013**

- **CHECK OUT THE FRIDAY NIGHT OPTION –**
- **DETAILS INCLUDED IN THIS PACKET -**

SAN DIEGO'S PEOPLE FIRST CONFERENCE IS A TWO-DAY EVENT FOR SELF-ADVOCATES AGE 18 & OVER, AGENCY STAFF, AND FAMILY MEMBERS. THE CONFERENCE INTRODUCES PARTICIPANTS TO THE POWER AND IMPORTANCE OF THE PEOPLE FIRST MOVEMENT – THE RIGHTS MOVEMENT FOR INDIVIDUALS WITH DEVELOPMENTAL DISABILITIES. THROUGH WORKSHOPS, EXHIBITS, SOCIAL TIME AND NETWORKING, THE CONFERENCE PROVIDES A FORUM FOR SELF-ADVOCATES TO SHARE CONCERNS, GOALS AND SUCCESSES. ON MAY 11<sup>TH</sup> & 12<sup>TH</sup> COME AND BE A PART OF THE CONSUMER EMPOWERMENT MOVEMENT IN SOUTHERN CALIFORNIA.

### **CONFERENCE SCHEDULE**

#### **SATURDAY MAY 11, 2013**

**11:00 AM**

REGISTRATION OPENS

**11:00 AM – 1:30 PM**

HEALTH AND RESOURCE FAIR

**LUNCH NOT PROVIDED-** Food for Purchase available  
(Hamburger \$5.25, Chips \$1.05, Cookie \$1.05, Soda \$1.05)

**1:30 PM – 2:30 PM**

OPENING SESSION

KEYNOTE ADDRESS – **ANDREAS  
ECONOMOPOULOS**

**2:45 PM – 3:45 PM**

WORKSHOP SESSION #1

**4:00 PM – 5:00 PM**

WORKSHOP SESSION #2

**5:00 PM – 7:00 PM**

FREE TIME

- ✓ **Makeovers**
- ✓ **PEOPLE FIRST IDOL SEASON 5**
- ✓ **Crafts**

**7:00 PM – MIDNIGHT**

BANQUET DINNER AND AWARD CEREMONY  
~People First Officers~

DANCE WITH “SKATE THIS PRODUCTIONS”  
~Ned Roundtree and Jeremiah Woods ~

#### **SUNDAY MAY 12, 2013**

**8:00 AM – 8:45 AM**

NON-DENOMINATIONAL WORSHIP SERVICE

**8:30 AM - 9:30 AM** BREAKFAST

**BREAK** (time to pack)

**10:00 AM - 11:00 AM**

PRESENTATION – TBD

**11:00 AM - 11:30 AM**

OPEN MIC

**11:30 AM**

~ Closing Remarks ~



~ People First Idol Season 5 ~

Have a talent you'd like to display?

**SEE THE SIGN UP INSTRUCTIONS in this  
packet and entertain everyone “on stage” in the  
Pavilion during Free Time!**

# SAN DIEGO PEOPLE FIRST SELF-ADVOCACY CONFERENCE

## MAY 11<sup>th</sup> & 12<sup>th</sup>, 2013

**Cost:** Prices are per person and include: Hotel room, 2 meals (Dinner Saturday night and Breakfast Sunday morning), dance, souvenir T-shirt and all conference materials. The sleeping room entrances are 36" wide and the bathroom entrances are 30" wide. **ACCESSIBLE ROOMS HAVE ONE KING BED AND ACCOMMODATE ONLY 2 PERSONS.** Each person will have his or her own key-card. Unless requested otherwise, all rooms will have 2 queen-size beds.

	<i><b>San Diego/ Imperial County Resident</b></i>	<i><b>Out of County Resident</b></i>	<b>Hotel Roommates:</b> You must list who you want to share a room with on the registration form.  <i><b>If you are rooming with your attendant, put their name on the form.</b></i>
Own Room	\$225	\$250	
Two people in room	\$160 EACH Person	\$ 190 EACH Person	
Three people in room	\$135 EACH Person	\$170 EACH Person	
Four people in room	\$125 EACH Person	\$160 EACH Person	
Saturday only (NO ROOM)	\$75	\$100	
Both days (NO ROOM)	\$95	\$120	

*(Reduced rate for San Diego/Imperial County residents' available thanks to the financial support received from the San Diego/Imperial Counties Foundation for Developmental Disabilities)*



**Attendant Care:** If you need attendant care to participate at the conference, start planning now. You should schedule your assistance just like you would if you were in your home. Your IHSS worker, paid roommate, attendant or group home staff may accompany you at the conference. Attendants **MUST FILL OUT A REGISTRATION FORM AND PAY THE CONFERENCE FEES.**

**SUPERVISION, MEDICATIONS, AND PERSONAL CARE ARE THE  
RESPONSIBILITY OF THE CONFERENCE PARTICIPANT.  
ATTENDANT CARE WILL NOT BE PROVIDED.**

**THIS YEAR.....Be sure to bring some spending money. Lunch is available for purchase on Saturday on the Pavilion Patio: Hamburgers \$5.25, chips \$1.05, soda \$1.05, cookie \$1.05. We are also featuring our BOUTIQUE where gift items made by consumers will be offered for sale.**

***IF YOU HAVE QUESTIONS CALL CARMEL (858) 571-7803 x 118***

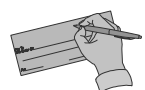
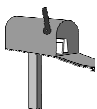
***Or LAURA (858) 278-5420 x 132***

***MONDAY – FRIDAY, 8 A.M. – 4 P.M.***

***REGISTRATION DEADLINE IS: APRIL 12, 2013***

**MAKE CHECKS PAYABLE TO: UCP**

**MAIL TO: 8525 Gibbs Drive, Suite 209  
San Diego, CA 92123**



**3rd Year!**

## **FRIDAY NIGHT OPTION!**

***Skip the Saturday long lines at registration and join us for a casual Friday evening.***

- Start your conference weekend early! Add an additional night and join us at the Marriott Hotel on Friday, May 10, 2013.
- Registration starts at 6 p.m., followed by a social hour and a presentation. ***(Dinner NOT provided)***

**~ PRESENTATION AND ACTIVITY FACILITATED BY  
ANDREAS ECONOMOPOULOS AND SDPF OFFICERS~**

**DETAILS WILL BE INCLUDED IN YOUR CONFIRMATION LETTER**

**Only those paying for the additional costs for a hotel room can take part in this event.**

**Complete both the “Friday Night Registration Form” and the regular registration form & include the additional fees (see Friday Night registration form for more details).**

## CONFERENCE AT A GLANCE



### KEYNOTE SPEAKER – ANDREAS ECONOMOPOULOS

Andreas is from Yreka, California and is a strong advocate who believes in and wants to make sure all people with disabilities get the choices they want versus what other people “think” they want. He is very active in People First and Self

Advocacy activities throughout his community and sits on a number of Boards and Committees that address issues surrounding services and supports for people with developmental disabilities, including the Far Northern Regional Center and The Association of Regional Center Agencies (ARCA). He advocates for his peers to have a voice and to be treated as equal citizens with the same rights and responsibilities as everyone else and is a frequent guest speaker at conferences, trainings and meetings. Mr. Economopoulos is a business owner and operates At Your Services Ministries. He has recently been the keynote speaker at the 2012 People First of California statewide gathering, the 2011 PFCA/Supported Life Conference, and the 2010 Region 2 People First Conference. During his presentation at the San Diego People First Conference, Andreas will talk about the history of the self-advocacy and People First movement, where the movement is now and close with an interactive discussion focusing on creating a vision for the future of self-advocacy and People First.

### SATURDAY WORKSHOPS

**SESSION 1: 2:45 – 3:45, SESSION 2: 4:00 – 5:00**

*There will be exciting and informative workshop opportunities on a variety of topics including health and wellness, safety, self-advocacy and inclusion, personal rights, public speaking, legislative advocacy, and recreation. More information on specific workshop offerings will be included in the confirmation letter sent to all registered attendees.*



### SATURDAY BANQUET

*At the 2013 conference banquet, Mayor Bob Filner will be participating in the awards ceremony and will be presenting a special proclamation to San Diego People First.*



### SUNDAY PROGRAM

*Non-denominational worship service*



*Breakfast and Special Presentation*

*“Open Mic” time*



## Announcing Contestant Search for People First IDOL Season 5

- ☐ Do you have a Talent you want to show case at the Conference during Free Time?



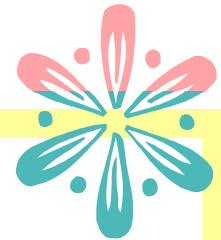
- ☐ Complete an application form telling us about your talent.



- ☐ Application available at [www.sandiegopeoplefirst.com](http://www.sandiegopeoplefirst.com) or call Melanie at (619) 685-1175 x 290 for more information and an application form.



- ☐ Deadline for applications is April 19, 2013.



### **MIKE DELISA LEADERSHIP AWARD**

The San Diego community lost a great advocate for people with developmental disabilities when Mike DeLisa passed away in October 2000. In his 60 plus years, Mike represented people with developmental disabilities as determined, active, fun loving, caring members of the community who knew what they wanted, and were willing to take on the responsibilities that came along with these things. Mike refused to allow people to treat him as less than equal. What he had to say was important, and people came to realize that. Because of his tenacity in overcoming obstacles in his path, Mike earned the respect and admiration of the entire community. Due to his outstanding leadership and encouragement to others, P.R.I.D.E. Inc. and San Diego People First established the **“Mike DeLisa Leadership Award”**, which is presented annually at the People First Conference.

Do you know someone like Mike? What we are looking for is an individual with a developmental disability who is working to change the face of disability in the community. The recipient of this award should demonstrate their ABILITY in all they do and be a resident of San Diego County. Is there someone out there that changed YOUR mind about what disability is?

*If you would like to nominate someone you know  
Please contact Laura at (858) 278-5420 x 132 or [Lkrebs@ucpsd.org](mailto:Lkrebs@ucpsd.org) to receive a nomination form or find it on the San Diego People First website  
[www.sandiegopeoplefirst.com](http://www.sandiegopeoplefirst.com).*

**Bring money to  
spend at *The  
Boutique!***

## **The People First Boutique is open for business at this year's Self Advocacy Conference**

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The People First Boutique will be open during this year's Self Advocacy Conference.

Items for sale will include:

- Conference Memorabilia
- Needlework
- Necklaces
- Crafts
- Jewelry
- Baked Goods
- And more!

The "People First Boutique" will sell arts & crafts items made by self advocates to conference attendees. If you are a crafter or artist **YOU** can have **YOUR** art displayed and sold at this event! Email San Diego People First for more information at: [sdselfadvocates@gmail.com](mailto:sdselfadvocates@gmail.com). Applications also available at [www.sandiegopeoplefirst.com](http://www.sandiegopeoplefirst.com)

**Only at the San Diego People First Self Advocacy Conference on May  
11, 2013. For more conference information, visit  
[www.sandiegopeoplefirst.com](http://www.sandiegopeoplefirst.com).**

**You can have YOUR art displayed and sold  
at this event!**

**Space is limited, so call today!**

**Demra, 858-457-2141**

**Email: [demsdelights07@yahoo.com](mailto:demsdelights07@yahoo.com)**

